Work Inclinations Card

Companion to "Work Inclinations Self-Assessment"

15 MINUTES, 30 WITH A COLLEAGUE

HOW TO USE THIS SHEET

1. For each scale, tick where you fall between the two ends. Neither end is better: tendencies, not verdicts.
2. Add one inclination of your own on the last row.
3. In the last column, mark where someone you work closely with falls, from 1 to 5, as best you can tell.
4. Find the widest gap between you and talk about adapting to it, not fixing it.

	1 left end	2	3 between	4	5 right end	**Them** 1 to 5
1 Morning ... Evening						
2 Calm ... Active						
3 Organised ... Cluttered						
4 Verbally ... In writing						
5 Single-tasker ... Multi-tasker						
6 Computer ... Paper						
7 Perfection ... Progression						
8 My own:						

OUR WIDEST GAP, AND HOW WE COULD ADAPT TO IT