Vision in Four Timed Steps

Companion to "Fundamentals, What Is Your Vision?"

40 MINUTES

HOW TO USE THIS SHEET

1. Set a timer for each step and stop when it rings: the time limit keeps the safe answers out.
2. Write the letter from three years ahead, in the present tense, as fact, not as a maybe.
3. List real successes, personal and professional, then underline what keeps coming back.
4. Only then write the vision: a few sentences, present tense. It is temporary on purpose: rewrite it as you get closer.

01 Letter from your future self, 15 minutes

Three years from now, it went well. Write to someone you trust and tell them what happened: your life, your work, the people around you.

02 Success list, 10 minutes

Real successes so far, personal and professional, big and small.

03

Gathering insights, 8 minutes

Read back steps 1 and 2. Note what recurs under six themes: environment, skills, emotions, beliefs, values, purpose.

04

Vision statement, 6 minutes

A few sentences, present tense, built from the themes above.