Your Mission in 25 Questions

Companion to "Fundamentals, What Is Your Mission?"

TWO OR THREE SITTINGS

HOW TO USE THIS SHEET

1. Do not answer all 25 in one sitting. Two or three sittings, a few days apart, give better answers.
2. Write the first true thing, not the best-sounding one.
3. When you are done, read everything back and underline what keeps coming back.
4. Your mission is in those repetitions, not in any single answer.

01 What do I feel are my best qualities?

02 What good qualities do people who know me well attribute to me?

03 When I daydream, what do I see myself doing?

04 Of all my activities, which ones give me deep satisfaction?

05 What are the character qualities I most admire in other people?

06 Which person, more than any other, has had a beneficial influence on my life?

07 Why did that person have such an important influence?

08 **What have been the happiest times in my life?**

09 **Why were those times happy?**

10 **If I had unlimited time and resources, what would I choose to do?**

11 **What are the three or four things I consider most important?**

12 **When I think about my work, what activities do I find most valuable?**

13 **When I think about my personal life, what activities do I find most valuable?**

14 **What could I do to benefit others?**

15 **What talents do I have that others ignore?**

16 **Even though I have often dismissed these thoughts for various reasons before now, are there things I think I should do? What are they?**

17 **What are my physical needs and abilities?**

18 **What are the important roles in my life? (For example: husband, father, son, manager, etc.)**

19 **In each of these roles, what are the most important goals I want to achieve in each of them?**

20 **Of the results I currently obtain in life, which ones do I like?**

21 **What paradigms determine these results? That is, what makes me like these things? What are the underlying values?**

22 **Of the results I currently obtain in my life, which ones do I dislike?**

23 **What paradigms determine these results? That is, what makes me dislike these things? What are the underlying values?**

24 **What would I really like to be and do in life?**

25 **What are the important principles that underlie my way of being and acting?**

26 **Bonus: what will they say at your funeral? What would you like them to say?**

Consider separately: family, friends, colleagues, society.